

Kilimanjaro Standard Marathon, 42.2km

Tanzania
02 March 2008

Rules

THE EVENT

1. The forth official KILIMANJARO MARATHON will be organised by Kilimanjaro International Marathon Ltd, Frontiers Group Africa and Wild Frontiers (Pty) Ltd and take place on 02 March 2008.
2. Starting times are
 - 42.2km marathon - 06h30am
 - 21.1km disabled half marathon wheelchair category - 06h45
 - 21.1km half marathon - 07h00am
 - 5km Fun Run - 07h15am

THE ROUTE

The race has been measured as 42.2 km, a standard marathon, and is being run on both tarmac as well as on gravel/dirt roads. The race will be run from the town of Moshi, located on the slopes of Mt. Kilimanjaro – ascending approx 300 metres in altitude towards Mweka with the finish line back in Moshi.

Kilimanjaro International Marathon reserves the right to modify any part of the route as a result of circumstances beyond its' control.

Refreshment stations providing liquid refreshments will be provided along the route at \pm 4 km intervals.

ENTRY CONDITIONS

The competition is open to persons 21 years and over, juniors 18 - 21 years must have written permission from a parent or guardian.

The race is being run under the auspices of the Tanzanian Amateur Athletics Association TAAA and the IAAF rules will govern this event.

PARTICIPANT CATEGORIES

1. Juniors (18 - 21 years)
2. Seniors (21 - 39 years)
3. Veterans (40 - 49 years)
4. Masters (50 + years)

Medals will be awarded to the first 500 finishers.

Final cut-off after 6hrs (after the start of the marathon).

REGISTRATION Registration will take place at the Keys Hotel, Uru , Moshi on: **Friday 29 FEBRUARY and Saturday 01 March 2008 from 10h00 - 17h00**. No late entries will be accepted.

SECONDING

No mobile seconding of any description will be allowed on the route. Runners are allowed seconding within a distance of 100meters either side of the official refreshment stations.

Aid stations will be withdrawing from the route after a relative time calculated on the 5hr cut-off.

Lw/mar06